



## SAFE SLEEP RESOURCES FOR HOSPITALS

- 1. Cribs for Kids Hospital Certification:** Information about the National Safe Sleep Hospital Certification Program including descriptions of the three levels of certification, resources available to hospitals, and map of certified Maine hospitals. <https://cribsforkids.org/hospitalcertification/> and <https://cribsforkids.org/wp-content/uploads/SS-Hospital-Criteria-2018.pdf>
- 2. Technical Assistance:** DHHS has education and technical assistance available free of charge to any hospital committed to becoming a Safe Sleep Certified Hospital. To learn more contact Kelley Bowden, MS, RN, Perinatal Outreach Nurse Coordinator for the Maine CDC at [bowdek@mmc.org](mailto:bowdek@mmc.org) at 207-662-2696 or Jen Hayman, MD, Maine Physician Champion for Safe Sleep, Pediatric Hospitalist, The Barbara Bush Children's Hospital, at [HAYMAJ@mmc.org](mailto:HAYMAJ@mmc.org). Questions about this initiative can also be directed to Amy Belisle, MD, MBA, Chief Child Health Officer, DHHS Commissioner's Office, [Amy.belisle@maine.gov](mailto:Amy.belisle@maine.gov). For questions about Safe Sleep Campaign materials contact Angie Bellefleur at the Maine CDC, [Angie.bellefleur@maine.gov](mailto:Angie.bellefleur@maine.gov)
- 3. AAP Statement:** SIDS and Other Sleep-Related Infant Deaths: Updated 2016 Recommendations for a Safe Infant Sleeping Environment. Task Force on Sudden Infant Death Syndrome. Pediatrics. October 24, 2016; DOI: 10.1542/peds.2016-2938 <https://pediatrics.aappublications.org/content/138/5/e20162938>
- 4. Wearable blankets** are a strategy recommended by the American Academy of Pediatrics to help prevent infant unsafe sleep deaths. Free wearable blankets are available for your hospital through the Halo Sleep program. Learn more: <http://www.halosleep.com/in-hospital-safe-sleep-modeling-program/>
- 5. Maine Prevention Store:** An integrated clearinghouse of resources for tobacco, substance use, mental health, and suicide prevention. There are free brochures, rack cards, and posters designed to educate the public, parents, and professionals on topics including safe sleep. [www.MainePreventionStore.org](http://www.MainePreventionStore.org)
- 6. A limited number of Cribettes** are available for families that do not have a safe sleep environment. The primary contact to check for availability is Maine Families Home Visiting and the secondary is Maine Children's Trust. Please plan ahead as they are not open on weekends. Go to the contact page at <http://mainefamilies.org/contact.html>. Each county has a contact name, number and e-mail address to communicate with the local program. In order to obtain a cribette, families need to receive safe sleep education by a trained provider and documentation needs to be completed.
- 7. Health care provider manual** on SIDS/SUID from The National Institute of Child Health and Human Development: [https://www.nichd.nih.gov/sites/default/files/publications/pubs/Documents/SIDS\\_QA\\_HealthCareProviders.pdf](https://www.nichd.nih.gov/sites/default/files/publications/pubs/Documents/SIDS_QA_HealthCareProviders.pdf)
- 8. The National Institute of Child Health and Human Development (NICHD)** information on safe sleep initiatives: <https://safetosleep.nichd.nih.gov/>
- 9. Maine Safe Sleep Website:** The safe sleep website provides information for families and providers about safe sleep. It also contains links to other resources, including the Maine Prevention Store. [www.safesleepforME.org](http://www.safesleepforME.org)